



Dear Patient,

Thank you for choosing Ultimate Wound Solutions to participate in your care.

As a participant in your own healthcare it is your responsibility to assure that there is a clear and open line of communications from our office to you. It is also your responsibility to ensure that this office always has a way to contact you.

We will at times order diagnostic testing that we feel is important to help take the best care possible of your condition. We will make all attempts to contact you with these results, if you do not hear from us within 5 days of performing these tests it is your responsibility to contact us, as it is if you call us with any issue and we do not return your call within 24 hours. We ask that you contact the office as soon as possible after any changes in address or phone numbers.

By signing this letter, you are agreeing that the responsibilities and obligations listed above are important and that you will comply with these obligations.

Thank you and we look forward to seeing you.

Patient Name Printed \_\_\_\_\_

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_



PLEASE SEND BACK  
ASAP ATTACHED  
PAPER WORK

Patient Name \_\_\_\_\_

Appointment Date \_\_\_\_\_

If you are unable to keep the appointment, please notify the office at least 24 hours in advance. **Failure to cancel the appointment without 24 hr. notice will result in a \$25.00 cancellation fee.**

Copayments are due on the day of each office visit and will be collected. If you are a cash only customer your payment will be due on the day of this visit and will be collected.

Please come prepared to present your insurance cards, photo ID and current list of medications, vitamins, supplements, over the counter meds, etc. Your cooperation in this matter is greatly appreciated.

We thank you in advance for your cooperation.  
We welcome you as a patient and appreciate the opportunity to provide you with the very best care.

The physicians and staff of Ultimate Wound Solutions.

## Ultimate Wound Solutions- Financial Policy



Our practice is dedicated to providing the best possible care for you and we want you to completely understand our Financial Policy.

1. Payment is due at the time of service unless arrangements have been made in advance by your carrier. We accept most major credit cards. There will be a charge of \$25.00 for returned checks.
2. Please be advised that your insurance policy is basically a contract between you and your insurance carrier. As a service to you we will file your insurance claim if you assign the benefits to the practice. In other words, you agree to have your insurance carrier pay the practice directly. If your insurance company does not pay the practice within 90 days, you will be responsible for payment in full. If the office receives payment later from your insurance company we will refund any overpayment to you.
3. Not all insurance plans cover all services. In the even that your insurance carrier determines a service to not be covered, you will be responsible for the entire charge. Payment is due upon receipt of a statement from our office.
4. We are participating providers with several insurance companies. Prior arrangements have been made to accept assignment of benefits. We will bill the insurance carrier for services provided. However, you are required to make your co-payment or a deductible at the time of service.
5. If we do not participate with your insurance company, you will be responsible for paying your charges at the time of service.
6. If you provide false or incorrect information you will be responsible for any unpaid claims for all services provided.
7. If the undersigned fails to pay for services rendered and collection efforts become necessary, the undersigned agrees to be responsible for all collection costs incurred, including but not limited to contingency or collection fees added by a third party to the original balance.

I have read and understand the Financial Policy of Ultimate Wound Solutions and I agree to be bound by its terms. I also understand and agree that such terms may be amended by Ultimate Wound Solutions from time to time.

Signature of Patient \_\_\_\_\_ Date \_\_\_\_\_  
Print Name of Patient \_\_\_\_\_ Date \_\_\_\_\_  
Signature of responsible party if patient unable to sign \_\_\_\_\_  
Date \_\_\_\_\_



**PATIENT HISTORY**

DATE \_\_\_\_\_

**GENERAL INFORMATION**

NAME \_\_\_\_\_ HOME PHONE \_\_\_\_\_  
ADDRESS \_\_\_\_\_ CELL PHONE \_\_\_\_\_  
CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_  
EMAIL \_\_\_\_\_  
DATE OF BIRTH \_\_\_\_\_ AGE \_\_\_\_\_ SEX \_\_\_\_\_ Do you live alone? YES \_\_\_ NO \_\_\_  
Do you drive? YES \_\_\_ NO \_\_\_ Marital Status: Single \_\_\_ Married \_\_\_ Divorced \_\_\_  
Separated \_\_\_ Widowed \_\_\_  
Height \_\_\_\_\_ Weight \_\_\_\_\_ ALLERGIES \_\_\_\_\_

**EMERGENCY CONTACT INFORMATION**

NAME \_\_\_\_\_ HOME PHONE \_\_\_\_\_  
RELATIONSHIP \_\_\_\_\_ CELL PHONE \_\_\_\_\_

**PRIMARY PHYSICIAN**

NAME \_\_\_\_\_ PHONE \_\_\_\_\_  
ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIPCODE \_\_\_\_\_  
HOME HEALTH AGENCY/NURSING HOME/ASSISTED LIVING \_\_\_\_\_  
PHARMACY \_\_\_\_\_ PHONE \_\_\_\_\_

**DO YOU HAVE ANY OF THE FOLLOWING?**

ADVANCE DIRECTIVE \_\_\_\_\_ LIVING WILL \_\_\_\_\_ MEDICAL POWER OF ATTORNEY \_\_\_\_\_  
DO NOT RESUSCITATE \_\_\_\_\_ COPY PROVIDED \_\_\_\_\_

**INSURANCE INFORMATION**

Insurance Company \_\_\_\_\_ Policy Number \_\_\_\_\_  
Payment Type \_\_\_\_\_ Group number \_\_\_\_\_  
Full Name of Insured \_\_\_\_\_ Effective Date \_\_\_\_\_  
Insured Date of Birth \_\_\_\_\_ Terminated Date \_\_\_\_\_  
Relationship to Insured \_\_\_\_\_ Insured Employer \_\_\_\_\_  
SS# of Insured \_\_\_\_\_ Insured ID \_\_\_\_\_  
Insurance Phone number \_\_\_\_\_

**WOUND HISTORY**

WOUND LOCATION \_\_\_\_\_

When did the wound first appear \_\_\_\_\_?

Has it ever healed and then reopened? YES\_\_NO\_\_

How did it first start? Blister \_\_bite\_\_ bruise \_\_burn \_\_chemical burn \_\_Radiation  
burn\_\_\_\_ gradual appearance\_\_ unknown \_\_pimple \_\_pressure \_\_surgical \_\_trauma \_\_  
caused by  
footwear\_\_\_\_ other\_\_\_\_\_

Who has been treating the wound until now? \_\_\_\_\_

Have you had any lab work done in the last 30 days? YES \_\_NO \_\_if so who ordered  
it\_\_\_\_\_

Have you tested positive for antibiotic resistant organisms/(MRSA, VRE)  
YES\_\_ NO\_\_ Date\_\_\_\_\_

Have you tested positive for osteomyelitis (BONE INFECTION)? YES\_\_NO\_\_  
date\_\_\_\_\_

Have you had any tests for circulation on your legs? YES\_\_NO\_\_DATE\_\_\_\_\_

If so where\_\_\_\_\_

Have you had any other problems with your wound? INFECTION\_\_\_\_\_  
SWELLING\_\_ ODOR\_\_\_\_ REDNESS \_\_\_\_ PAIN \_\_If so Pain level on scale of 1 to 10\_\_\_\_  
OTHER\_\_\_\_\_

**REFERRAL INFORMATION: Please check of how you heard about us**

Internet \_\_Magazine \_\_Newspaper \_\_Other Patient \_\_Our Website\_\_ Television \_\_Yellow Pages

Physician Referral\_\_ If so name of  
physician\_\_\_\_\_

Hospital or Urgent Care Referral \_\_If so Name\_\_\_\_\_

PERSON COMPLETING FORM\_\_\_\_\_RELATIONSHIP\_\_\_\_\_

DATE\_\_\_\_\_

REVIEWED BY \_\_\_\_\_DATE\_\_\_\_\_

PHYSICIAN/ARNP/PA SIGNATURE \_\_\_\_\_DATE\_\_\_\_\_

<b>CARDIOVASCULAR</b>	<b>YES</b>	<b>NO</b>	<b>GASTROINTESTINAL</b>	<b>YES</b>	<b>NO</b>
Angina			Cirrhosis		
Congestive Heart Failure			Colitis		
Coronary Artery Disease			Chron's Disease		
Deep Vein Thrombosis			Hepatitis		
Hypertension			Heartburn		
Myocardial Infarction			Diarrhea		
Peripheral Artery Disease			<b>NEUROLOGICAL</b>	<b>YES</b>	<b>NO</b>
Peripheral Venous Disease			Dementia		
Stroke			Epilepsy		
Vasculitis			Seizure history		
Pacemaker			Neuropathy		
Defibrillator			Paraplegia		
<b>MUSCULOSKELETAL</b>	<b>YES</b>	<b>NO</b>	Quadriplegia		
Gout			Migraines		
Osteoarthritis			Balance Disorder(s)		
Rheumatoid Arthritis			<b>PULMONARY</b>	<b>YES</b>	<b>NO</b>
Carpal Tunnel			Asthma		
Fibromyalgia			Emphysema		
Muscular Dystrophy			Pulmonary Embolism		
<b>EAR, MOUTH NOSE THROAT</b>	<b>YES</b>	<b>NO</b>	<b>COPD</b>		
Chronic Sinus Problems			Collapsed Lung		
Middle Ear Problems			Oxygen Use		
Trouble swallowing			Sleep Apnea		
Hearing Problem(s)			CPAP Use		
<b>ENDOCRINE</b>	<b>YES</b>	<b>NO</b>	<b>EYES</b>	<b>YES</b>	<b>NO</b>
Hyperthyroidism			Cataracts		
Hypothyroidism			Diabetic Retinopathy		
Hypoglycemia			Glaucoma		
Diabetes			<b>GENTIOURINARY</b>	<b>YES</b>	<b>NO</b>
Insulin/ Insulin Pump			Dialysis		
Last HgbA1C results _____			End Stage Kidney Disease		
<b>HEMATOLOGIC/LYMPHATIC</b>	<b>YES</b>	<b>NO</b>	Enlarged Prostrate		
Leukocytopenia			Interstim Device		
Anemia			<b>IMMUNE SYSTEM</b>	<b>YES</b>	<b>NO</b>
Lymphedema			Lupus		
Sickle Cell Disease			Raynaud's Syndrome		
Thrombocytopenia			Scleroderma		
HIV			Sjogren's Disease		
Bleeding Disorders			<b>BEHAVIORAL HEALTH</b>	<b>YES</b>	<b>NO</b>
Lymphoma			Depression		
<b>INTEGUMENTARY</b>	<b>YES</b>	<b>NO</b>	Anxiety		
History of Burn			Bulimia		
History of Radiation			Schizophrenia		
			Alcoholism		
<b>HISTORY OF CANCER</b>	<b>YES</b>	<b>NO</b>			
If Yes, Type of Cancer:					
History of Chemotherapy					

CONDITION	Paternal Grandmother	Paternal Grandfather	Maternal Grandmother	Maternal Grandfather	Mother	Father	Siblings
Diabetes							
<b>CANCER</b>							
<b>HEART DISEASE /HYPERTENSION</b>							
<b>KIDNEY DISEASE</b>							
<b>LUNG DISEASE</b>							
<b>SEIZURES</b>							
Stroke							
THYROID							



ALLERGIES:

---

---

---

---

ALCOHOL USE:

Never:\_\_\_\_\_ Occasional:\_\_\_\_\_ Frequent:\_\_\_\_\_

Number of Drinks per week:\_\_\_\_\_

TOBACCO USE:

Never:\_\_\_\_\_ Occasional:\_\_\_\_\_ Frequent:\_\_\_\_\_

SUBSTANCE ABUSE:

Prescription drug

Never:\_\_\_\_\_ Occasional:\_\_\_\_\_ Frequent:\_\_\_\_\_

Illegal drugs

Never:\_\_\_\_\_ Occasional:\_\_\_\_\_ Frequent:\_\_\_\_\_

**IMMUNIZATIONS:**

**Flu Vaccine**

Date Last Received \_\_\_\_\_

**Pneumonia vaccine**

Date Received \_\_\_\_\_

**Tetanus Vaccine**

Date Last Received \_\_\_\_\_

**Shingle Vaccine**

Date Received \_\_\_\_\_

PERSON COMPLETING THE FORM \_\_\_\_\_

RELATIONSHIP \_\_\_\_\_ DATE \_\_\_\_\_

REVIEWED BY: \_\_\_\_\_ DATE \_\_\_\_\_



# Self-MNA<sup>®</sup>

## Mini Nutritional Assessment

For Adults 65 years of Age and Older

Last name: \_\_\_\_\_

First name: \_\_\_\_\_

Date: \_\_\_\_\_

Age: \_\_\_\_\_

Complete the screen by filling in the boxes with the appropriate numbers. Total the numbers for the final screening score.

### Screening

**A Has your food intake declined over the past 3 months?**

**[ENTER ONE NUMBER]**

*Please enter the most appropriate number (0, 1, or 2) in the box to the right.*

0 = severe decrease in food intake  
1 = moderate decrease in food intake  
2 = no decrease in food intake

**B How much weight have you lost in the past 3 months?**

**[ENTER ONE NUMBER]**

*Please enter the most appropriate number (0, 1, 2 or 3) in the box to the right.*

0 = weight loss greater than 7 pounds  
1 = do not know the amount of weight lost  
2 = weight loss between 2 and 7 pounds  
3 = no weight loss or weight loss less than 2 pounds

**C How would you describe your current mobility?**

**[ENTER ONE NUMBER]**

*Please enter the most appropriate number (0, 1, or 2) in the box to the right.*

0 = unable to get out of a bed, a chair, or a wheelchair without the assistance of another person  
1 = able to get out of bed or a chair, but unable to go out of my home  
2 = able to leave my home

**D Have you been stressed or severely ill in the past 3 months?**

**[ENTER ONE NUMBER]**

*Please enter the most appropriate number (0 or 2) in the box to the right.*

0 = yes  
2 = no

**E Are you currently experiencing dementia and/or prolonged severe sadness?**

**[ENTER ONE NUMBER]**

*Please enter the most appropriate number (0, 1, or 2) in the box to the right.*

0 = yes, severe dementia and/or prolonged severe sadness  
1 = yes, mild dementia, but no prolonged severe sadness  
2 = neither dementia nor prolonged severe sadness

**Please total all of the numbers you entered in the boxes for questions A-E and write the numbers here:**

Now, please CHOOSE ONE of the following two questions – F1 or F2 – to answer.

## Question F1

Height (feet & inches)		Body Weight (pounds)		
4'10"	Less than 91	91 – 99	100 – 109	110 or more
4'11"	Less than 94	94 – 103	104 – 113	114 or more
5'0"	Less than 97	97 – 106	107 – 117	118 or more
5'1"	Less than 100	100 – 110	111 – 121	122 or more
5'2"	Less than 104	104 – 114	115 – 125	126 or more
5'3"	Less than 107	107 – 117	118 – 129	130 or more
5'4"	Less than 110	110 – 121	122 – 133	134 or more
5'5"	Less than 114	114 – 125	126 – 137	138 or more
5'6"	Less than 118	118 – 129	130 – 141	142 or more
5'7"	Less than 121	121 – 133	134 – 145	146 or more
5'8"	Less than 125	125 – 137	138 – 150	151 or more
5'9"	Less than 128	128 – 141	142 – 154	155 or more
5'10"	Less than 132	132 – 145	146 – 159	160 or more
5'11"	Less than 136	136 – 149	150 – 164	165 or more
6'0"	Less than 140	140 – 153	154 – 168	169 or more
6'1"	Less than 144	144 – 158	159 – 173	174 or more
6'2"	Less than 148	148 – 162	163 – 178	179 or more
6'3"	Less than 152	152 – 167	168 – 183	184 or more
6'4"	Less than 156	156 – 171	172 – 188	189 or more
<b>Group</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>

Please refer to the chart on the left and follow these instructions:

1. Find your height on the left-hand column of the chart.
2. Go across that row and circle the range that your weight falls into.
3. Look to the bottom of the chart to find out what group number (0, 1, 2, or 3) your circled weight range falls into.

Write the Group Number (0, 1, 2, or 3) here:

Write sum of questions A-E (from page 1)

Lastly, calculate the sum of these 2 numbers. This is your SCREENING SCORE:

## Question F2 DO NOT ANSWER QUESTION F2 IF QUESTION F1 IS ALREADY COMPLETED.

Measure the circumference of your LEFT calf by following the instructions below:

1. Loop a tape measure all the way around your calf to measure its size.
2. Record the measurement in cm: \_\_\_\_\_
  - If less than 31cm, enter "0" in the box to the right.
  - If 31cm or greater, enter "3" in the box to the right.



© SIGVARIS

Write the sum of questions A-E (from page 1) here:

Lastly, calculate the sum of these 2 numbers. This is your SCREENING SCORE:

## Screening Score (14 points maximum)

12–14 points: Normal nutritional status

8–11 points: At risk of malnutrition

0–7 points: Malnourished

Copy your SCREENING SCORE:

If you score between 0-11, please take this form to a healthcare professional for consultation.



HIPAA PATIENT AUTHORIZATION FORM

We are required by the Health Insurance Portability and Accountability Act of 1996 (HIPAA) to maintain the privacy of your protected health information (PHI) and to provide you with a Notice of Privacy Practices. Our notice of Privacy Practices provides information about how we may use and disclose your PHI, and contains a section describing your rights as a patient under the law. You have the right to review our Notice before signing this Authorization and you are advised to do so.

By signing this form, you authorize our use and disclosure to third parties, including but not limited to our billing and scheduling software provider, \_\_\_\_\_, of your PHI for treatment, payment, and health care operations, and for certain marketing purposes, as described in our Notice of Privacy Practices. If you sign this Authorization but later change your mind, you have the right to revoke this Authorization by delivering to us a written, dated document signed by you. However, such a revocation shall not affect any disclosures we have already made in reliance on your prior Authorization.

**The patient understands and agrees that:**

UWS has a Notice of Privacy Practices. The patient has received, and had the opportunity to review, this Notice before signing this Authorization. UWS encourages all patients to review the Notice of Privacy Practices.

UWS reserves the right to modify the Notice of Privacy Practices to keep up with changes in the law or office practices. We will make all modifications available for review by patients.

UWS or its business affiliates may use your PHI to contact you with appointment reminders and Educational items in the future via email, U.S. Mail, telephone, fax and/or prerecorded messages. We WILL NOT ever sell or "SPAM" your personal contact information.

The patient has the right to restrict the uses of his or her information, but UWS does not have to agree to all such restrictions

The patient's medical records and protected health information may be disclosed or used for treatment, health care operations or payment, and for certain marketing purposes. UWS will not receive any payment from a third party for marketing purposes in connection with the use or disclosure of your PHI.

The patient may revoke this Authorization in writing at any time and all future disclosures that require the patient's prior written authorization will then cease. See the Notice of Privacy Practices for additional details.

UWS may not condition your treatment or payment on whether you sign this Authorization.

Information used or disclosed pursuant to this Authorization may be re-disclosed by the recipient and may no longer be protected by federal or state law.

**The Authorization was signed by:** \_\_\_\_\_  
Printed Name - Patient or Representative

\_\_\_\_\_  
Signature Date

Relationship to Patient  
(if other than patient):

**Witness:** \_\_\_\_\_  
Printed Name - UWS Representative

\_\_\_\_\_  
Signature Date

**ACKNOWLEDGEMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES**

I acknowledge that I was provided a copy of the Notice of Privacy Practices and that I have read them or declined the opportunity to read them and understand the Notice of Privacy Practice. I understand that this form will be placed in my patient chart and maintained for six years.

**By checking the lines below, I authorize being contacted for reminders by:**

Phone: Cell: \_\_\_\_\_ Home: \_\_\_\_\_ Work: \_\_\_\_\_  
 Voicemail: \_\_\_\_\_  
 Email: \_\_\_\_\_  
 Text Message: \_\_\_\_\_

**By checking the lines below, I authorize being contacted for birthday greetings or promotions**

**about the practice by:**

Mail  
 Email  
 Voicemail  
 Text Message

\_\_\_\_\_  
 Patient Name (please print)

\_\_\_\_\_  
 Date

\_\_\_\_\_  
 Name of Parent, Guardian or Patient's legal representative

**\* THIS FORM WILL BE PLACED IN THE PATIENT'S CHART AND MAINTAINED FOR SIX YEARS.**

List below the names and relationship of people to whom you authorize the practice to release PRIVATE HEALTH INFORMATION.

_____	_____
_____	_____
_____	_____



## Photo Consent

It is the policy of Ultimate Wound Solutions to document wound assessments. Photography will be used as an adjunct to the assessment documentation. Photography and video testimonies may be used for education, publication and in marketing for Ultimate Wound Solutions.

Patient Name \_\_\_\_\_  
Date of Birth \_\_\_\_\_  
Male \_\_\_\_\_ Female \_\_\_\_\_  
Patient Number \_\_\_\_\_

If you have any further questions, please ask as we are here to help you. You have the right to change your mind at any time, including after you have signed this form. If you change your mind after you signed a consent you will need to put it in writing to Ultimate Wound Solutions.

### PATIENT AGREEMENT

I understand the risks and benefits described to me by the health professional.  
I understand that I have a choice not to have the wound photography or video.  
I understand the recorded information will be used to support my treatment.

- I consent to the pictures being taken and stored safely with my health records  
 I do consent for Ultimate Wound Solutions using my wound photos and video testimony for educational and marketing purposes.  
 I do not consent to having a picture being done.  
 I do not consent to a video testimony being done

Signature \_\_\_\_\_ Date \_\_\_\_\_

Full name of Legal Guardian if a child \_\_\_\_\_

Witness Signature \_\_\_\_\_ Date \_\_\_\_\_